29th, 30th and 31st January 2020 Starting at 10.00am on 29th January and concluding at 4.00pm on 31st January 2020.

Early bird before 16th December 2019 3.920,- DKK plus 25% VAT After 16th December 2019 4.880,- DKK plus 25% VAT (includes lunch and refreshments during the 3 days) Limited seats. Maximum 15 participants

Each participant will receive a set of Enneagram cards, an Enneagram Map and accompanying book - "Open Yourself" along with supporting materials, including Emotional Health Continuums for each type.

You can book online here

Contact Gayle (0417 036 634) or Malcolm (0419 309 300) if you have any questions or would like further information about the workshop

Location: <u>Heart2Lead</u> are hosting this workshop and they are located in Gentofte about 20 minutes by S-train from Copenhagen Central Station. Address: Høeghsmindevej 93, DK-2820 Gentofte Please contact Bente Boe (+45 26183965 or <u>boe@heart2lead.com</u>) if you have any questions about registration, payment etc.

'Enneagram Immersion'

Exploring the Enneagram from the 3 Centres Body, Heart & Head

Join Gayle Hardie and Malcolm Lazenby as they bring their knowledge and expertise into a workshop designed to engage and build your understanding of the Enneagram

- Immerse yourself in 3 days exploring each of the 3 centres – Body, Heart & Head and the Enneagram types that are connected to them
- Build your awareness and understanding of each of the types and how emotional health levels influence these

Increase your understanding of what drives and motivates each type as well as the impact these have on others

'Enneagram Immersion'

Exploring the Enneagram from the 3 Centres Body, Heart & Head

Day One – The Body Centre

We focus on the Body Centre - the centre for maintaining autonomy and a sense of wholeness of oneself. Instinct is integral to this centre and the day provides a focus on experiencing and understanding the three associated Enneagram types - Types 8, 9 & 1.

Day Two - The Heart Centre

We focus on the Heart Centre - the centre for interpersonal relationships and maintaining a sense of personal identity and worth. Intuition is integral to this centre and the day provides a focus on experiencing and understanding the three associated Enneagram types - Types 2, 3 and 4.

Day Three- The Head Centre

We focus on the Head Centre – the centre for security and gaining an inner sense of guidance and support. Insight is integral to this centre and the day provides a focus on experiencing and understanding the three associated Enneagram types - Types 5, 6 & 7.

The Facilitators

Gayle Hardie and Malcolm Lazenby have explored and worked with the Enneagram from the late 1990s. Authors of 'The Enneagram and Emotional Health' (2019) and 'The Emotionally Healthy Leader' (2016), they have combined their learning and business experience into unique and transformative approaches to leadership and culture using the Enneagram.

Their ability to integrate Enneagram practices (using all three centres - Body, Heart and Head) into everyday business and leadership creates positive and profound changes for individuals, teams and organisations who genuinely want to achieve this.

They have studied the Enneagram in Australia and travelled to Japan, Hong Kong, Singapore and the USA to learn from recognised leaders in the field, such as Russ Hudson and (the late) Don Riso, (the late) David Daniels, Andrea Isaacs, Jerome Wagner, Ginger Lapid-Bogda and Uranio Paes.

They are recognised for their work in applying the Enneagram in personal, leadership, team and cultural transformation. They facilitate workshops globally and have been invited to speak at the International Enneagram Association (IEA) Global Conference in 2011, 2012 and 2013, the IEA China Conference in 2011, 2013, 2015, 2017 and 2019, the 2014 IEA Europe Conference in Lisbon, the 2015 IEA Europe Conference in Denmark, and the 2017 IEA Europe Conference in Helsinki.